

September, 2011

Dear Friends,

We are excited that your daughter will be participating in 7<sup>th</sup> grade girls retreat. We are going to have an awesome “Girl Power” time. Here is what you need to know for the retreat:

**Schedule:**

- Meet at Church on Saturday October 29<sup>th</sup> at 2:00 (Eat lunch before arriving)
- Awesome “Girl Power” activities all afternoon
- We will travel to Feed My Starving Children in Eagan, MN to package food for international relief
- We will be sleeping
- We will attend church together at 8am Sunday Morning
- The retreat will end at 9am Sunday

**To Bring:**

- Sleeping bag or blanket/pillow
- Toothbrush and other night time needs
- Change of clean clothes for church
- \$20 for meals and activities

**Chaperones:**

Meghan Stromme, Lisa Hager,

**Activities:**

- Feed My Starving Children Service Project
- Self Defense training
- Worship
- Cookie Baking

In God’s Love,

Phil Francis

**Tentative Schedule**

|       |                   |
|-------|-------------------|
| 2:00  | Check in          |
| 2:30  | Orientation/Games |
| 3:30  | Tae Kwon Do       |
| 5:00  | Dinner            |
| 5:30  | Depart for FMSC   |
| 7:00  | Service Project   |
| 9:00  | Depart            |
| 10:30 | Devotion          |
| 11:30 | Movie             |
| 7am   | Wake-Breakfast    |
| 8am   | Service           |
| 9am   | Dismiss           |